



October, 2020

Dear All,

Hope this finds you well.

In the light of updated instruction from the prime minister on the 22nd of September and that the alert level has been raised to 4, which means that the threat level is severe and transmission of the virus is high or rising, I wanted to just give a brief update on what's going on and what will happen in the near future.

We have now been back treating patients for 3.5 months and it has been a steep learning curve for us. Everything is taking longer which makes it more tiring for both patients and ourselves: there is more administration with Covid information to share with you and consent forms to be signed as well as longer appointments as we try to complete as much as possible in one go. On top of this, the fallow time - the time we need between patients for the virus to settle - and the extra cleaning required between each patient means we can't possibly see as many patients in one day as we might want to.

While we won't be recalling patients for treatment for the foreseeable future, if you wish and feel comfortable to see us, please give us a call and we will make room to see you asap. As we cannot pick up the phone mid treatment, we might have to phone or email you back. Please be patient, we will get back to you soon.

Now with the second wave on its way (?), we must remain vigilant. We have invested in air filtration machines and the large windows help us to ventilate the room. All the staff working at 38 Devonshire Street is now tested twice a week for Covid and we have all the proper PPE in place. I certainly hope that with all the mitigation we have put in place in the practice, we will be able to remain open. Please continue to help us by following the instructions given to you before your appointment.

Kindly,

Gunilla Assmundson and Toni (nurse)